

Samedi 8 DECEMBRE Style libre **Dimanche 9 DECEMBRE**

> Entrée libre - buvette A partir de 9h30

> > REGION

RECION BOURCOCNE FRANCHE COMTE



Stade nordique **Jason LAMY-CHAPPUIS**





Haut-Jura Ski has the great pleasure to invite you to the first competition of the OPA Cross-country Cup 2018/2019, which will take place in Prémanon on 8th and 9th December 2018.

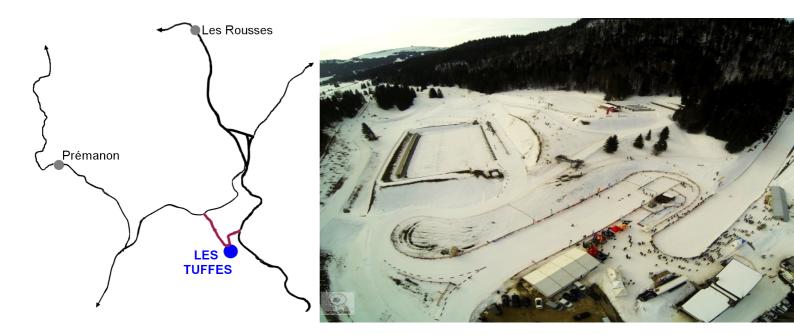
Deadlines :

- > 19TH NOVEMBER 2018 : ACCOMMODATION REQUEST
- > 4TH DECEMBER 2018 : ENTRIES

We kindly ask you to confirm upon reception of this invitation if you intend to participate or not so that we have an idea of the number of nations attending and plan accommodation and competition facilities accordingly.

1. <u>Competition site</u>

These competitions will be organized on the nordic stadium "Jason Lamy-Chappuis" of Les Tuffes in Prémanon (France).



GPS coordinates : **46°27'03.6"N 6°04'08.9"E**

To plan your itinerary: <u>clic there</u>

2. Accommodation

You will be accomodated at the VVSTAR in Lamoura. Team Captain Meetings will also take place there.

To plan your itinerary: *clic there*

Accommodation is only booked through the Organizing Committee with the attached booking document, as soon as possible and by 19th November, at the latest.

When we get your booking form, we will send you the "rooming list" that you will have to send us back no later than December 4^{th.}

Any room cancellation after December 4th will remain charged to the team.

Inquiries must be sent to the following contact: e-mail: <u>opa.france.jura@gmail.com</u> Tel : 06 38 81 85 62 (Delphine)

Payments will be made to the OC directly.

3. <u>Competition Program</u>

Friday, 07.12.2018

09:30 -12:00	Official training
--------------	-------------------

14:00 – 17:00 Track opening

18:00 Team Captains' Meeting – VVSTAR Lamoura Followed by bib distribution

Saturday, 08.12.2018 (Times to confirm)

- 09:30 U20 Ladies 5 Km Classic
- 10:00 U20 Men 10 Km Classic
- 11:00 SEN Ladies 5 Km Classic
- 12:00 SEN Men 10 Km Classic
- 18:00 Team Captains' Meeting VVSTAR Lamoura

Sunday, 9.12.2018 (Times to confirm)

- 9:30 U20 Ladies 10 Km Free
- 10:00 U20 Men 10 Km Free
- 11:00 SEN Ladies 10 Km Free
- 12:00 SEN Men 15 Km Free

<u>4. Entries</u>

Entries deadline: 4th December 2018

- > Please send intention of participation as soon as possible.
- > All entered athletes must have valid FIS Codes.
- According to ICR. Art. 313, entries must be made online on <u>http://results.racetime.pro/registrationservice</u>. Each OPA nation will receive login codes from Race Time Pro. All other national federations can enter their athlete via the official

FIS entry form.

For competitors from OPA nations there will be no entry fee. For all other

competitors there will be an entry fee of Euro 15.- per athlete and per competition.

> Contact : Haut-Jura Ski / <u>opa.france.jura@gmail.com</u>

5. <u>Rules</u>

The FIS ICR - FIS CC and OPA Rules 2018/2019 apply.

6. <u>Directory</u>

The Organizing Committee : Haut-Jura Ski Chairman : Rodolphe Bouton

Competition Secretary : Delphine Legrand

<u>The Jury :</u>

TD FIS : Gerald Brandt (SUI) Chief of Competition : Manu Jonnier

7. Official Information

All information will be promptly announced on the OC website **www.hautjuraski.fr**

8. Race Office

The Race Office will be at the Ski Stadium "Les Tuffes" and open as follow:

- Thursday 06.12.2018 / 14:00 17:30
- Friday, 07.12.2018 / 09:00 17:30
- Saturday, 08.12.2018 / 08:00 17:30
- Sunday, 09.12.2018 / 08:00 17:30

9. <u>Prizes</u>

Top 5 ranked athletes will be rewarded in each category.

10. <u>Insurance Liability</u>

The Organizer will have liability insurance according to ICR art 212.1. – 212.2. All participating athletes must have a valid accident insurance according to ICR art. 212.4. All athletes compete at risk of their National Ski Association. The Organizer does not take any other responsibilities than described above.

12. <u>Cost Refunds</u>

The organizer takes the accommodation costs in charge for OPA Member teams according to OPA Rules.